

Principle Academy Charter

Karson Foods

September~Breakfast

What's Cooking Today?

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| 1 | 2 | | 4 | 5 |
| <i><u>Happy Labor Day</u></i> | | | W/G Honey Scooters W/G Graham Crackers-3pk Applesauce cup 100% Strawberry/Kiwi Juice <i><u>1st day of school</u></i> | W/G Croissant w/ Margarine Fresh Pear |
| 8 | 9 | 10 | 11 | 12 |
| W/G Cinnamon Toasters W/G Corn Muffin Mixed Fruit cup 100% Apple Juice | Mutigrain Cheerios Apple Breakfast Bar Fresh Orange | W/G plain Bagel Cream Cheese Pineapple Cup 100% Apple Juice | W/G Poffitz Pancakes (bite size) Diced Pear cup 100% Fruit Juice | W/G Strawberry Poptarts Peach Applesauce Cup 100% Grape Juice |
| 15 | 16 | 17 | 18 | 19 |
| W/G Froot Loops W/G Graham Crackers Fresh Apple | W/G Lemon Bread Peach Applesauce cup 100% Fruit Punch | W/G Wheat Bagel Butter Applesauce cup 100% Apple Juice | W/G Pull Apart Glazed Clusters Fresh Orange | W/G Superdonut Mixed Fruit Cup 100% Apple Juice |
| 22 | 23 | 24 | 25 | 26 |
| W/G Rice Chex Cereal W/G Graham Crackers Fresh Apple | W/G Cinnamon Poptarts 100% Orange Juice Applesauce cup | W/G Powdered Mini Donut Holes Pineapple cup 100% Fruit Juice | W/G Pumpkin Bread Diced Pear cup 100% Strawberry/Kiwi Juice | W/G Frosted Mii Wheats W/G Blueberry Muffin Mandarin Orange Cup 100% Grape Juice |
| 29 | 30 | | | |
| W/G Blueberry Poptarts Fresh Apple | W/G Zucchini Bread Applesauce cup 100% Orange Juice | | | |